

Get Buzzing

Humming is one of the gentlest ways to warm-up your voice, and because your mouth is closed, you can feel the resonance in your face. In this warm-up, we couple humming with some actions. Concentrating on the actions is great for your focus, and when they inevitably go wrong, a good laugh helps everyone relax.

$\text{♩} = 70$

Upper

Middle

Lower

Actions

snap clap snap stamp(L) snap clap snap stamp(R)